How to create a strong password

Creating strong passwords for your online accounts is one of the most effective ways you can protect personal information and keep yourself safe from cyber attack.

Use a different password for every online account
Create unique passwords for each account – that way if an attacker gets hold of one of your passwords, they can’t get access to all of your other accounts.

Keep your passwords safe
A password manager is a good place to store your passwords, and means you only need to remember one set of login details to access all your other passwords. Use a strong password, or passphrase to access it.

Don’t use personal information
Personal information is easy for attackers to find online, especially through social media. Don’t use information published online as your password – it makes your accounts easy to hack.

Make your password long and strong
Sentences make the best passwords because they are easy to remember. A string of four or more words is just as strong as a 10 character password that uses a mix of numbers, letters and symbols.

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